

The Science of Healing and the Art of Caring

If you have muscle or joint pain, strain, stiffness, weakness or poor balance, the Physical Therapy staff at Deckerville Hospital will help you improve your condition. Just ask your doctor for a physical therapy referral

- Dynamic Fun Functional Approach
- McKenzie approach for back and neck problems
- State-Of-The-Art exercise equipment.
- Flexible hours



FIT FOR WORK OR PLAY = FIT FOR LIFE

Are you looking for a place that can help you regain your tone, strength, flexibility, balance, or help you lose weight? We may have a solution for you!

The Physical Therapy Department now may be used by the public as their exercise gym for a small fee, either \$5.00 per session or \$25.00 per month! (No limit on the number of days when you choose the monthly fee.)

Availability: Fit For Work or Play=Fit for Life is open during regular PT hours.

Equipment: A variety of resistance equipment and free weights are available. We will show you how to use each properly and safely. Patients do come first, however—you may be asked to wait until the patient is finished.

Exercise guidelines: We have three exercise specialists on staff who can help answer questions regarding what type of exercises work best for your specific needs.

Routines: You may either develop your own routine or ask for assistance.

Stop by & check us out—located at the West end of town across from the Marathon station & McDonald's, south half of the brick building housing Champions restaurant.



**DECKERVILLE HOSPITAL
PHYSICAL THERAPY DEPARTMENT
OPEN 8:00AM-4:30PM M-F
DYNAMIC FUNCTIONAL APPROACH**

2030 Black River St.
Suite 4
Deckerville MI 48427
Phone: 810-376-4130
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**Deckerville Hospital
Physical Therapy
Department
Open 8:00am-
4:30pm M-F
Dynamic Functional
Approach**



*Providing
Solutions
for your
Physical
Challenges*

*Preserving the Past,
Improving
Your Future*

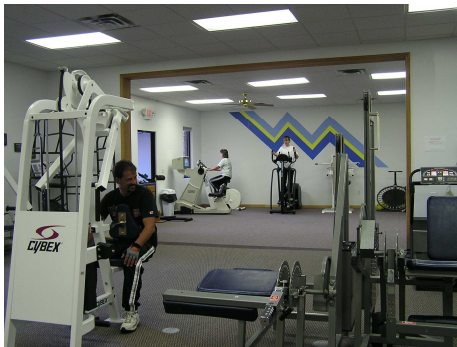
Phone: 1-810-376-3400

*We strive to give
the very best!*

Our goal at Deckerville Community Hospital Physical Therapy Department is to help each individual reach their personal goals in a healthy, positive and fun atmosphere. We have combined 30 years of experience along with the latest techniques and state-of-the-art equipment to give our patients person, one on one attention with each therapy session.

Under the medical direction of Physiatrist, Dr Reina, our department concentrates on the non-surgical treatment of the musculoskeletal system, including acute back and neck pain, headaches, pain management, along with other problems affecting joints and muscles. We can help improve balance problems from a neurological origin, from diminished strength, strains, sprains or arthritis.

We have on staff a highly trained Physical Therapist, 2 Physical Therapy Assistants, Certified Massage Therapist, and an Occupational Therapist. Together they round out the list of professionals that enrich our office.



*Following are just a few of the
conditions we have successfully
treated:*

- Headaches
- Orthopedics Injuries
 - Athletic
 - Sports
 - Casual Sports
 - Work Related
- Strains and Sprains
- Pain
 - Back and Neck
 - Shoulder, Elbow and Hand
 - hip, knee or ankle
 - Heal Spurs
 - Plantiar Fasitis
- Carpal Tunnel
- Tarsal Tunnel
- Post Op Joint Repair &/or Replacement
 - Hips & Knees
 - Shoulders
 - Backs and Neck (Pre and Post Op)
- Balance Disorders
 - Parkinson's Disease
 - CVA
 - General Weakness
- Injuries due to Automobile Accidents

*More conditions we have suc-
cessfully treated:*

- Scoliosis
- Fibromyalgia
- Tendonitis and Bursitis
- Osteoporosis
- Functional Strength Training
- Pain associated with Pregnancy
- Reduced ability to participate in daily Activities
- Ilizarov procedures
- Crossbow Evaluations



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